

KIDS 2 KIDS



Back to school with Kumon

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The start of school can be a wakeup call for parents and educators. A few summer months of rest and relaxation certainly has its benefits, but there are also consequences to a complete pause in math and reading practice. Because of what education experts call “the Summer Slide,” many school teachers combat learning loss by devoting the first part of the school year to re-learning skills lost from the previous year.

American families prioritize taking breaks over the summer more than families from other parts of the world, and it shows in global education rankings. Many parents don't realize that summer learning loss can be completely avoided, and it can take as little as only twenty minutes of daily practice. With consistency, we find that students can even advance above their grade level within a year of their practice.

This summer, Kumon students were inspired by the Olympic Games to “Go for the Goals.” Olympians made it as far as they have because of practice, and we can be sure these elite athletes wouldn't dream of taking summers off from it. We helped our students set achievable goals worth celebrating to keep kids motivated to practice even while their friends are relaxing.

Some balk at the idea of year-round practice in math and reading, but for music and athletics, it is an accepted reality. We insist that our kids maintain dental hygiene, even through their summer breaks. The consequence of not doing so is a rotting mouth. There's no debate - whatever we do consistently, we will get stronger at. Skills we don't use, we will lose. That's why, at Kumon, we think of practice as mental hygiene, and we do it every day.

Has your child been out of practice for too long? They're not alone. But it's never too late to start on your daily practice, and join our program of elite learners.

